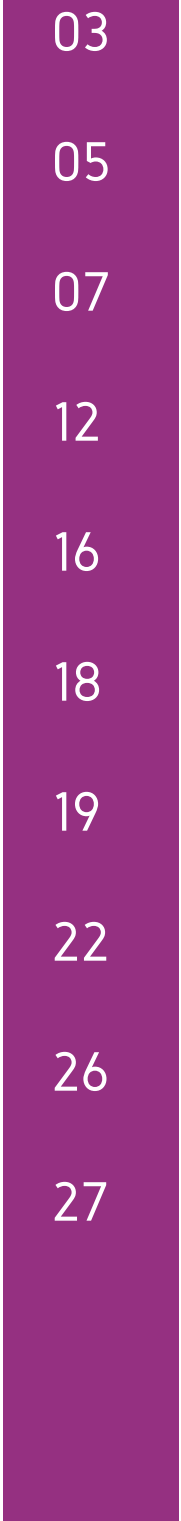


JUST DANCE

DISCOVER YOUR DANCE



IT'S ALL ABOUT THE VISION - AWARDS
I DO - THE VISION PROJECT - NEW TEACHERS



Editor's Note

THE SHOW

Tap Today

The Vision Project

Birthday Bootcamp

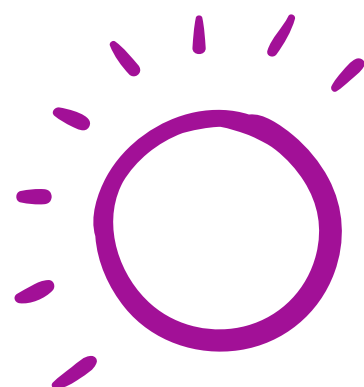
Dance Stars

Strictly Ballroom

Wedding Dances

Dancethon Dates

New dates



"I'm so grateful to everything you all do for the studio, to all the amazing teachers and to the people behind the scenes that keep the studio going. "



Dear FDS Family,
Welcome to the Summer magazine, it's a great read! It also makes me realise how many wonderful things are happening in and around the studio. The classes, the teachers, the fitness bundle, the workshops and then looking forward to September when we will start with our Danceathon on Saturday 3rd September from 10am - 4pm. If you fancy dancing all day or just for 15 minutes, then you are in luck. It will be a chance to catch up with everyone, try a new class (or an old one) and it will be a fantastic way of raising money for Woking Food Bank.

It already seems such a long time ago since the show, but it still resounds with me as such a special week. It was an emotional week (in a good way) and it made me realise that I will never take any of it or you for granted, I'm so grateful to everything you all do for the studio, to all the amazing teachers and to the people behind the scenes that keep the studio going. I'm already looking forward to putting on more little performances over the next year and then here's towards our 2024 show when we've got to be bigger and better than 2022. No pressure then.

Thank you also for getting involved and supporting The Vision Project too. There will be more of that to come and more chances to try new workshops in all sorts of art forms, be it art, literature, dance or music. If you don't know anything about it, it's our Arts Council England grant to put together community arts workshops and exhibitions and absolutely anyone can get involved. The website is www.thevisionproject.co.uk so take a look. All arts are important for the soul, for inside and out, they help to make friends, to keep social, to escape from the everyday bleurgh, they encourage new skills or hone the ones you already have and The Vision Project will offer wellness support if you need it, it's Creation in a Safe Space for all.

Over the next few weeks, I'll try and keep you posted on the weather reporting as much as I can - if you don't know what I'm on about, I post every morning Monday to Saturday on the studio Facebook page and I keep you posted with useful studio information as well as plenty of useless information thrown in too.

Have a lovely summer everyone and lots of love to you all,

Emma xx



EMMA BREWER

**THE DANCEATHON IS ON
SATURDAY 3RD SEPTEMBER
FROM 10AM – 4PM.**

**IT WILL BE A CHANCE TO CATCH
UP WITH EVERYONE, TRY A NEW
CLASS (OR AN OLD ONE) AND IT
WILL BE A FANTASTIC WAY OF
RAISING MONEY FOR
WOKING FOOD BANK.**



We can still hear the audience whooping and cheering, we can still feel the frisson as we took to the stage and we can still feel the fun we had dancing once again all together on the stage. So a huge massive thank you to all of our dancers, singers, producers, choreographers and the all important stage team!

What a performance and what a show. With ballet, tap, jazz, Zumba, musical theatre, ballroom, contemporary, street/commercial and so many more genres and numbers every show was amazing.

It truly was a joyful performance and lots of the audience gave us their honest opinions and yes they loved it.

After all this time with a pandemic and lockdowns and so many questions we all took to the stage. Over 100 cast members, over 350+ pairs of shoes and so many feathers that Vicky Jukes our fabulous Theatre Manager had to clear them all up!

Thank you to everyone who participated - we loved it!

So see you in 2024!



SHOW TIME



It was amazing to be on stage at the Rhoda McGaw theatre and we even had the Mayor Of Woking appear and enjoy the show. Some of the best highlights include; the surprise glow sticks at the end of each show - the first time we saw the audience wave them about we all gasped. Another highlight was how the audience reacted to our dances - they loved them all and the big numbers really got the crowd going. And the final highlight was simply how amazing was it to be backstage with our dance family - it was as if we had never left and we adored dancing and getting ready together.

The show was quite an emotional rollercoaster for our audiences as well and many of them found a little speck in their eye and cheered as we very loudly proclaimed that we were finally 'BACK.' The audiences every performance were amazing and they really picked us up when we needed them most. We heard cheers and whoops and claps and of course a few shouts of "Elita!" The teachers are already hard at work thinking up new show numbers so watch this show space!

“SHOW WEEK WAS A FUN-FILLED RUSH OF ADRENALIN FROM START TO FINISH. THE BRILLIANT SONG CHOICES AND CHOREOGRAPHY MADE THE DANCES FABULOUS TO PERFORM. BEING ON STAGE WAS EXHILARATING AND THE BACKSTAGE CAMARADERIE WAS INCREDIBLE. IM ADDICTED AND CAN'T WAIT FOR THE NEXT SHOW!”
ANGELA CAMPBELL



TAP TODAY

Photograph by Corinna Meyer

IN THE SPOTLIGHT

Do you know where Tap dance came from? The journey that tap dance has taken is long and varied. It is a fusion of various ethnic percussive dances from African tribal dance to clog dancing, mixed with Scottish and Irish dance.

The tap dance we see today is believed to have come to light in the mid 1800s and went on to be a firm favourite in Vaudeville acts. The biggest influencers in tap remain Bojangles Robinson, the Nicholson brothers, Gregory Hines and more recently Syncopated Sisters.

First Dance Studios has tap classes from beginners to advanced with workshops twice or more a year for beginners so they can get to grips with all things tap.

In our recent show we had x4 tap numbers and in one piece an impressive 35 tappers on stage at the same time!

There are various tap classes each week that you can join which will suit your level. Tap dance classes are weekdays, weekends and evenings and daytime so when you feel the need to tap it out, join us!

Tap Basics - We run a beginners tap workshop twice+ a year. It is great for complete never-put-tap shoes on before people as well as those that used to tap dance but haven't done so in years or decades. The next tap workshop starts in September 2022 so email info@firstdance.co.uk to save your spot.

Tap Basics +

After you complete the tap workshop join us as we take what you learnt and put it into weekly practice. This class is great for those that also have a little bit of tap knowledge. Technical steps as well as a routine are covered.

Intermediate/Advanced Tap

For those tappers that have quite a few hours and technical steps under their belt we have Tuesday, Thursday and Saturday classes that will definitely challenge your mind as well as your feet!

Show Tap

For a general tap dance to learn a fantastic show routine number then Show Tap on Saturday afternoons is the class for you.

[To look at all Tap classes check the timetable out here](#)

[To see tap dance classes and levels check out this video](#)





THE SHOW 2022 AWARDS

We never have to fear about the after show blues because we always have the after show screening. Yes, we all come together and watch the show from the audiences point of view. We have a sing a long, a giggle and we even have an awards ceremony to celebrate all the wonderful things from the show. We appreciate the time and effort it takes to do a show and we wanted to keep the show feeling going especially as after the show there is always a little (or big) after show slump. So why not keep the show feeling going?



Congratulations to all the winners! The awards are a fun way to celebrate all things in the show and we do like to pick categories that you may have missed during the show itself. So onto the winners;

- Best Newcomer - Sian Formby
- Best Backstage Entertainment - Khuda Bee
- Best Quick Change Artist - Katie Samuel
- Highest Quality Execution - Sarah Gill
- Backstage Queen - Vicky Jukes
- Highest Jump- Diana Towe
- Strongest Beach Ball Hit - Linda Horne
- Loudest Whooper - Lorraine Ansell
- Best Mistress of the Robes - Marina Beck
- Best Teaching of the Future FDS Generation - Sophie LePetre
- Most Likely to Fit as Many People as Possible on the Stage - Emma Brewer
- Most Wooden Performance - Cardboard cutout Shakin' Stevens
- Most Underwhelming Moment - Thursday night Confetti Bomb
- Spirit of the Show - Iris Fisher

To nominate your show star email us info@firstdance.co.uk

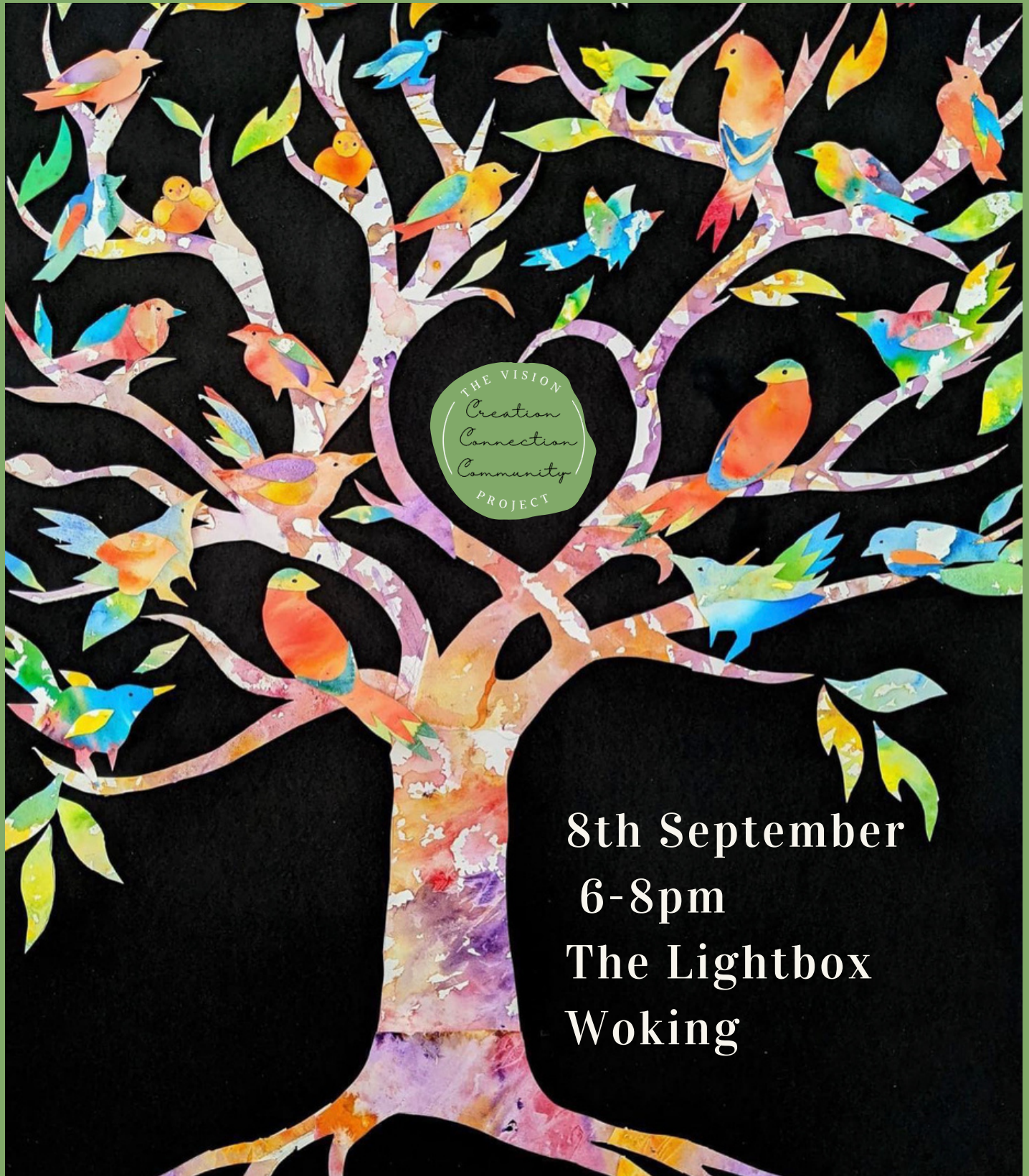
BEST IN SHOW

IN THE SPOTLIGHT

THE VISION PROJECT

TALKS
CLAY ART
PAINT ART
FILM
REFRESHMENTS

ART EXHIBITION & FILM VIEWING
SAVE THE DATE



8th September
6-8pm
The Lightbox
Woking



THE VISION PROJECT

During the pandemic of 2020, many of us struggling to cope given that our lives had changed and routines up-ended. In the 3rd/4th lockdown in January 2021 we were all in need of some positivity. The creative genius that is Emma Brewer came up with an amazing 8-week creative challenge which ran from January to March 2021. We were set fun challenges using the alphabet – each letter from A to Z was a different creative theme.

Each week a group of over 60 people got creative and did three challenges. From Bakes that would make Paul Hollywood & Prue Leith gasp to paint jobs that reaching abstract artistic heights, we found our inner muse and came up with the goods.



Emma even won the Bayfields Community Champion Award for getting us all creative and connecting together! From there Emma was awarded funding from Arts Council England and the challenge became a vision; The Vision Project. A simple idea; getting people to connect through creativity but with music and dance to link the arts media together. So we started with our fabulous singers who came together and sung led by Liz Ikamba. Then Jim Pinchen composed the music which then Emma took on for choreographed a huge dance piece. Partially shown at the show in April 22 with Dan Watson and Diana-Louise Towe, the dance has grown into a group dance.

Running along side the rehearsals and filming we also held a clay workshop with Jo Alam an art therapist as well as a watercolour workshop. We also had Hannah Bruce, a local Woking artist, who led the acrylics workshop. The music and dance was shown and all the participants used it as inspiration.

To see more and find out more details about the film and exhibition then please see

[The Vision Project](#)



DANCE FILM

Photograph by Corinna Meyer

IN THE SPOTLIGHT

The Earth is Alive! And all of our wonderful dancers certainly felt the beat as we filmed in June 2022. Floyd C Konde is a well renowned film maker specialising in dance film as an art form and he has spent several months shooting the various workshops as well as the dancers.

The weather was with us and we were finally on location after many weeks rehearsing in Woking. We arrived on set at the wonderful Harry Edwards Healing Sanctuary to be met with good weather and the film crew.

Several areas were chosen for the dance and we danced different parts over and over as well as dancing on grass. We moved to the maze and gladed woodland and Floyd filmed us over and over to get the best shots.

Please join us in September at The Lightbox in Woking to watch the final film!



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DANCE VOUCHERS

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FOR
CLASSES, FIRST DANCES,
BIRTHDAYS & CELEBRATIONS
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FOCUS ON

BIRTHDAY BOOTCAMP



And it is a very happy birthday to Bootcamp! This class that became popular in lockdown got a studio slot in 2021 and has been a firm First Dance Studios favourite. Every Saturday morning Super Sophie (for that is her true name) brings fun and games and yes FITNESS to the next level.

Who is Bootcamp for? Whatever your fitness level from beginner to advanced, bootcamp is where Sophie puts the fun into Fitness and makes it a very fun-ness class. This is ideal for anyone looking to strengthen and build muscle.

The best part is the fun team games that pits one team against the other and ends in a lot of laughs. We have played Fitness Jenga, we have rolled rice with various fitness tasks on them and we have to admit that the team races really get people in the competitive mood.

Bootcamp is all about strength. Working large and small muscle groups to ensure that our bodies grow to support us. Having everyone there is a great way to feel motivated and get those muscles moving.

Strength is so important to ensure that we use our bodies well, switching on important muscles like the glutes and quads as well as working smaller ones.

When you fancy joining us then please come along every Saturday morning at 9am.

And once again this year, Super Sophie has brought us the Special Summer Fitness Bundle.

There are x10 workouts that vary between cardio, strength and balance to challenge you over the summer and keep you moving.

How long is each workout? Each workout is only 15/20 minutes each which means you can start the day with some movement, work that body and then head to work. You can even do them on holiday to add some extra strength to summer.

Perfect, I want to get my hands on this fitness feast. How much is it?

For all of these workouts then it is £50 so email us at info@firstdance.co.uk and we will send you, your very own Summer Fitness Bundle.





Adele is our newest addition to the teaching roster here at First Dance Studios. Adele is a dance pro and a veteran of screen and stage.

Adele has had a great career dancing on the QM2 and has now taken up the Friday jazz dance wheel.

She takes the Friday jazz dance slot and blends a jazz/contemporary fusion style that really hits the jazz hands spot.

Adele is also a First Dance family member having been dancing with us for years so you may catch her in ballet, tap and jazz as well.

Adele's Jazz is Friday at 11.30am.

[See here for classes](#)

STARS

DANCE

While Fran may be new to First Dance Studios in terms of teaching, she is a First Dance Family member for a long while.

Fran teaches ballet, tap dance and jazz and seamlessly combines technique with choreography. She focuses on working key muscles and steps to bring a piece to life. Most recently in jazz dance she has given Copacabana a real shake up.

Her tap is fun, fast and frisky and perfect for a strong intermediate to advanced tapper.

Frans classes are; Monday, Ballet at 6pm, Tuesday - Jazz dance and tap dance at 6.30pm and 7.30pm and Saturday 10,30am Technical ballet.

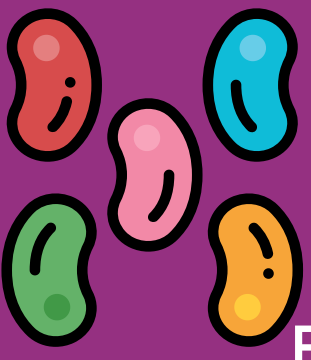
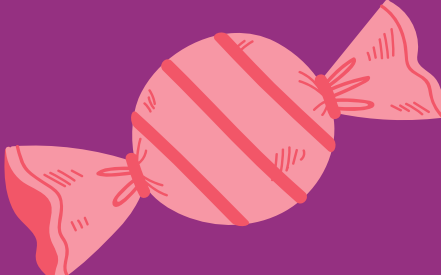
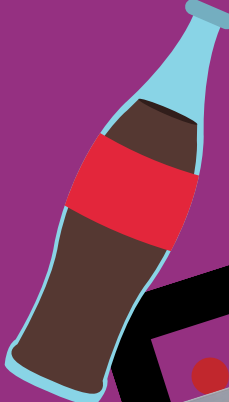




STRICTLY BALLROOM

Brewer's Ballroom is expanding - yes we have a wonderful new class to add to the Ballroom and Katie welcomes you for more of her cha, cha, chas, Waltzes and much more. Every week we get to see a dance in action to learn and have a go at. Katie has worked with so many couples over the years as well as doing the Ballroom show numbers but now she is really excited to be able to also solo dancers a chance to experience ballroom. While in lockdown solo ballroom was very popular so we decided to bring it to the studio this year. Why not join us as we learn to roll the Samba, cross the correct leg for the Batucada and ripple in Strictly style for the Salsa.

Katie's Solo Latin class is Friday at 11.30am at Heather Farm in Woking. And later that day Katie also holds ballroom classes from 7pm at Worplesdon Village Hall. I can just see and feel the swivel of those hips and toes!



FIRST DANCE STUDIOS "ZOOM ROOM PACKAGE"

GOING ON HOLIDAY BUT STILL
WANT TO TAKE US WITH YOU?
THEN GRAB YOUR
PICK AND MIX OF ZOOM CLASSES
WE HAVE ON OFFER
ZUMBA, BOOTCAMP AND DOAD
EMAIL US FOR DETAILS

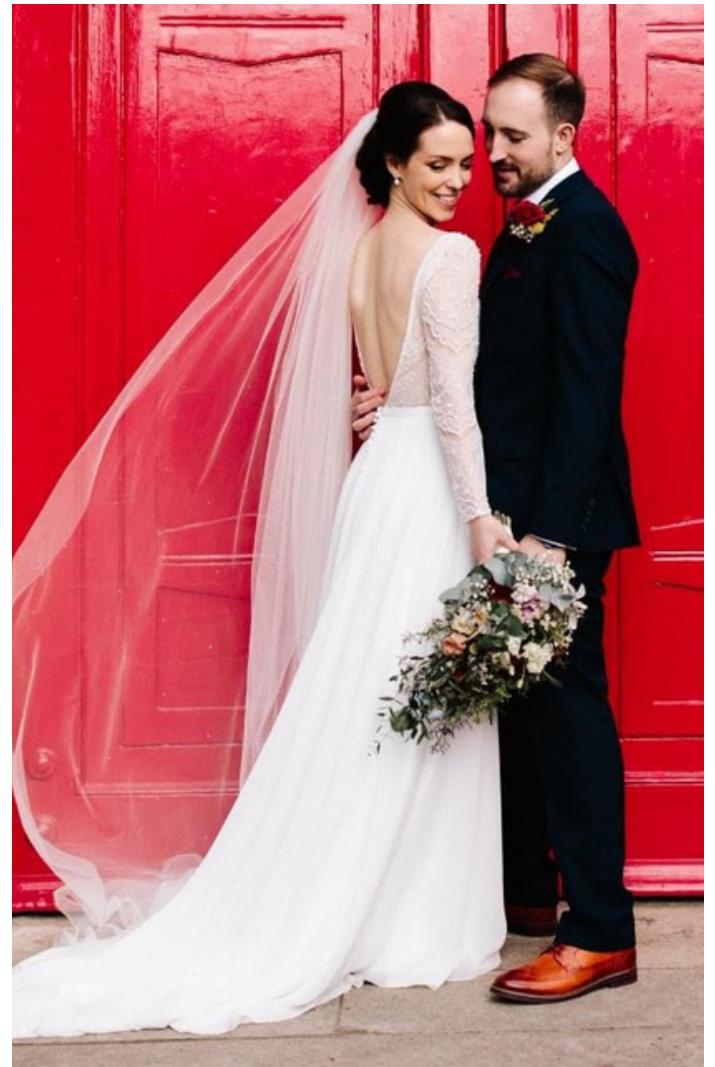
THE SHOW MUST GO ON!

[See Videos of dance here](#)



We do!

FIRST DANCE
WEDDING SPECIAL



CONGRATULATIONS to all of our recent Wedding couples! It has been a really busy year for First Dances and we are pleased to have x6 teachers working with us to ensure that our couples have a wedding dance to remember. And because of having so many fabulous dance teachers we have been able to teach so many wonderful wedding couples. It has been such a joy to us all to see so many of you learn your first dance for your wedding day. Thank you all so much for listening and learning and enjoying. We love seeing your videos and pictures of the first dances. You all look so beautiful.

This year has been a very busy year for weddings which we love as it means we get to teach you all and make your special day sparkly special. Our aim with teaching you is to ensure confidence, enjoyment and fun because dance is an activity that is joyful at it is very heart. So for a first dance like no other, get in touch and let's dance!

Here are some of our top tips for our wedding couples;

1. Song choice

Choose a song that means something to you both or that you already enjoy. That way you will love hearing it over and over again as you will need to practice to it a lot so make it fun.

2. Choose between routine or moves

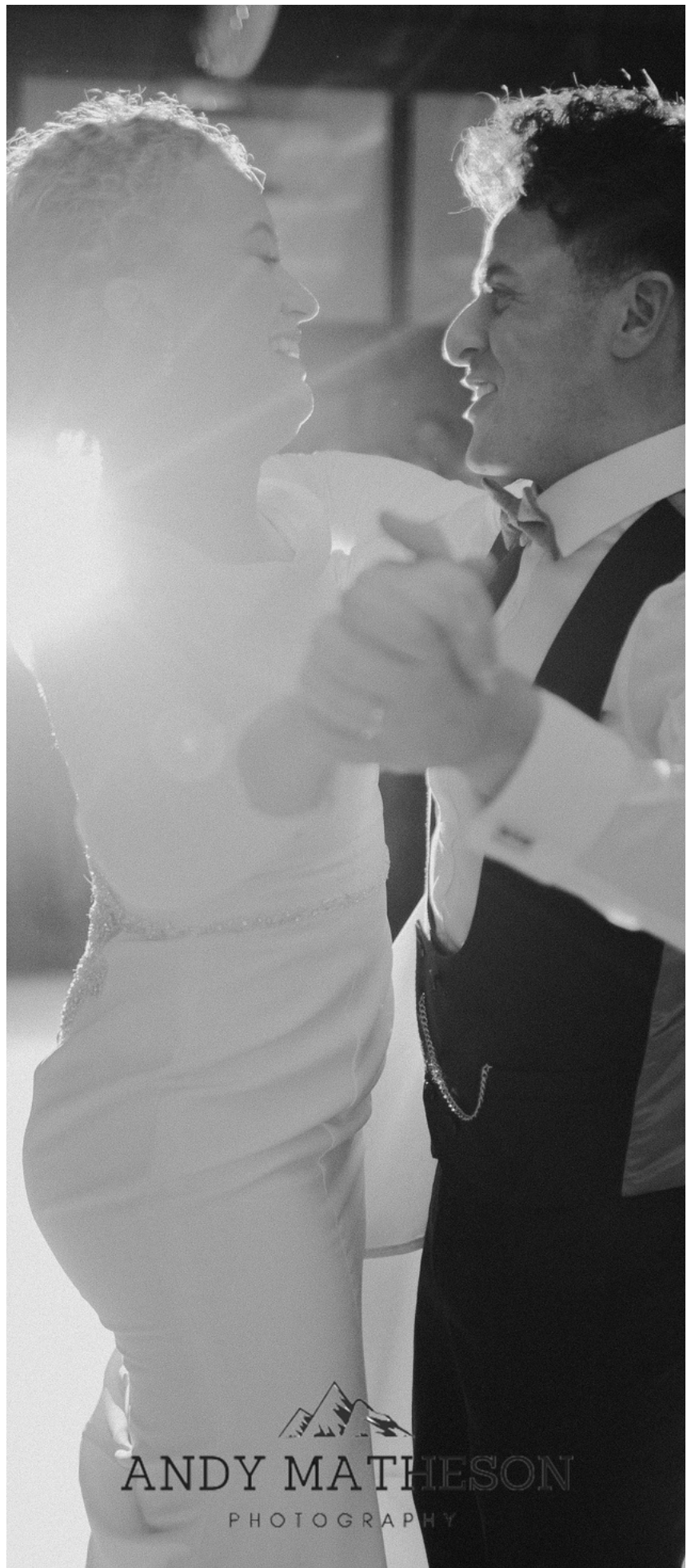
Here at First Dance Studios we offer a few packages and the most popular is a set routine to your choice of music. We choreograph your dance and provide notes so you can learn with us as well as practice at home.

3. Enjoy!

We take the learning of joy of the dance very seriously because your first dance is fun, personal and enjoyable to dance to. And if you are having fun, then so will your guests!

And we have some special sparkly dance moves for these couples.

Let's dance together!



[Instagram Link](#)



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Instagram: [first_dancewedding](https://www.instagram.com/first_dancewedding)



FIRST DANCE STUDIOS
PRESENTS



DANCEATHON

SATURDAY 3RD SEPTEMBER 2022
ALL DAY FROM 10AM
HEATHER FARM, WOKING

BALLET, TAP, CHOIR, STREET/COMMERCIAL, CONTEMPORARY,
MUSICAL THEATRE, DROP OFF & DANCE, THEATRE JAZZ,
ZUMBA, BOOTCAMP, LATIN, BARRE FITNESS, STRETCH FLOW

8

CLASSES 10AM-1PM

CLASSES 2PM-5PM

8

15 MIN CLASS

TRY ANY OR ALL

16

DANCE,
WELL BEING
& FITNESS
DISCIPLINES

£4 a class,
£20 1/2 day,
£30 whole day
Proceeds to
Woking Food Bank

FREE

Bootcamp &
StretchFlow



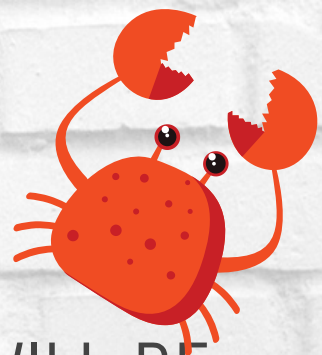
SCAN to
BOOK onto
mindbody

RAFFLE
PRIZES INCLUDING
LOYALTY CARD
WORTH £80

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SUMMER DANCE DATES



LAST DANCE CLASSES AT THE STUDIO WILL BE
15TH AUGUST
(THOUGH CHECK WITH YOUR TEACHER)

FIRST DAY BACK AT THE STUDIO WILL BE MONDAY
5TH SEPTEMBER 2022

RECORDINGS AVAILABLE FOR CERTAIN CLASSES,
PLEASE CONTACT [INFO@FIRSTDANCE.CO.UK](mailto:info@firstdance.co.uk)

PRICES FROM SEPTEMBER

DROP-IN CLASSES - £9 AN HOUR

LOYALTY CARD OF 10 SESSIONS - £80

FRIENDS CARD OF 10 SESSIONS - £75

ZOOM RECORDINGS - £5

KEEP DANCING & SEE YOU IN SEPTEMBER

XX



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[Instagram](#)